

# Dunclug Primary

# Menu

Menu is subject to availability and delivery

	<b>Week Commencing 25/9/17</b>	<b>Week Commencing 2/10/17</b>	<b>Week Commencing 9/10/17</b>	<b>Week Commencing 16/10/17</b>
<b>Monday</b>	Cod fillet fish fingers, peas, sweetcorn and chips or mashed potatoes BBQ chicken drumstick, peas, sweetcorn & mashed potatoes  Rice pudding & fruit	Beefburger, sweetcorn and chips or mashed potatoes  Hot filled chilli chicken ciabatta bread & salad  Yoghurt and fresh fruit	Fish coddies, beans and chips or mashed potatoes  Filled rolls, grated cheese & salad  Rice pudding & fruit	Chicken breast nuggets, beans and chips or mashed potatoes  Hot chicken wraps & salad  Yoghurt and fresh fruit
<b>Tuesday</b>	Spaghetti bolognese, carrots and naan bread  Baked potato, coleslaw & grated cheese  Jaffa sponge, custard & mandarins	Mince steak pie, beans or peas and mashed potatoes  Tuna pasta bake and peas  Steamed lemon sponge, custard and fruit	Savoury mince, carrots and mashed potatoes  Baked potato with chilli mince, coleslaw or grated cheese  Chocolate flavoured pear egg sponge and custard	BBQ chicken pizza, pasta salad, tossed salad and garlic bread  Shepherds pie & sweetcorn  Raspberry sponge and custard
<b>Wednesday</b>	Roast chicken, carrots, turnip, mashed potatoes and gravy  Egg sponge, fruit and custard	Roast pork, broccoli, carrots, mashed potatoes and gravy  Egg sponge, peaches and custard	Roast chicken, stuffing, carrots, mashed potatoes and gravy  Skinny lemon and raspberry cupcakes and custard	Roast beef or salmon fillet, carrots, broccoli, mashed potatoes and gravy  Ice cream, fruit, jelly and yoghurt
<b>Thursday</b>	Sausages, beans and mashed potatoes  Savoury mince, peas and mashed potatoes  Banana sponge, fruit and custard	Chicken curry, rice, peas and naan bread  Toasted sandwiches & salad  Ice cream, fruit coulis, peaches and wafer	Spaghetti bolognese, sweetcorn and crusty bread  Steak casserole, carrots & mashed potatoes  Fresh fruit salad & ice cream	Chicken curry, rice, peas and naan bread  Toasted sandwiches & salad  Chocolate flavoured cake, mandarins and custard
<b>Friday</b>	Irish stew, carrots and crusty bread  Chicken curry, rice & sweetcorn  Fairy cakes, apple juice and fresh fruit	Buffet :- 2 chicken nuggets 3 cocktail sausages 2 sandwiches Carrot sticks  Flapjack, orange juice, fresh fruit yoghurt	Vegetable soup  Hot dog, grated cheese & salad  Chocolate flavoured brownie, fresh fruit and yoghurt	Beef burger in a bap, sweetcorn, grated cheese and oven baked dice potatoes  Spiced oat cookie, fresh fruit and milkshake

Fresh milk and drinking water will be available daily.  
Sliced bread, salad and fruit served with every meal

*For further information on allergenic ingredients please contact the school*

